

Which medical expenses can be paid for with tax-deductible VEBA funds?

Eligible medical expenses

Abdominal supports
Abortion
Acupuncture
Alcoholism treatment
Ambulance
Arch supports
Artificial limbs
Asthma treatments/nebulizer
Bariatric surgery
Blood pressure monitoring devices
Body scans (e.g., MRI, CAT Scan)
Brace (e.g., knee, back, wrist)
Breast pumps
Childbirth/lamaze classes (related to birth)
Chiropractic treatments (e.g., adjustments)
Circumcision
Coinsurance amounts (health, dental or vision)
Contact lenses (corrective)
Convalescent home (for medical treatment only)
Copayments (health, dental or vision)
C-PAP machine and supplies
Crutches (purchase or rental)
Deductibles (health, dental or vision)
Dental procedures, non-cosmetic (e.g., X-rays, fillings, extractions, crowns, implants)
Dentures
Diabetic supplies (e.g., insulin, syringe, monitor, insulin pump)
Drug addiction/substance abuse treatment
Embryo, egg and sperm storage fees
Eye exams
Eye surgery (laser or radial keratotomy)
Eyeglasses – prescription sunglasses/safety glasses
Eyeglasses – reading
Fertility treatments (e.g., artificial insemination, egg donor fees, in vitro)
Flu shots
Fluoridation treatment at a dental office
Gambling addiction treatment
Group therapy (for patient)
Hearing tests and aids
Home health care
Hormone replacement therapy (HRT)
Immunizations
Individual counseling (counseling must be performed)

to alleviate or prevent a physical or mental defect or illness)

Insurance premiums

Lab tests

Long Term Care Premiums

Mastectomy-related special bras

Medical records charges

Mental health treatment facility

Nutritional consultation

Occlusal guards to prevent teeth grinding

Oral surgery

Organ transplant (including donor's expenses)

Orthodontics

Orthopedic inserts

Oxygen and oxygen equipment

Patient responsibilities under the medical, dental or vision plan solely because of the plan's deductible, copay (coinsurance), reasonable and customary charge limit or benefit limit

Physical exams (routine, medical, well-child)

Physical therapy

Prenatal/postnatal exams

Prescription drugs (prescription drugs imported from other countries are not covered)

Preventive care screenings (e.g., mammogram, colo-noscopy)

Prosthesis

Psychiatric care

Shipping and handling fees for eligible expenses

Sleep study

Smoking cessation medications/programs

Speech therapy

Taxes paid for eligible expenses

Transportation expenses relative to health care (corresponding medical documentation requested)

Tubal ligation/tubal ligation reversal

Vaccinations

Varicose veins, treatment of

Vasectomy/vasectomy reversal

Walkers/canes (purchase or rental)

Wheelchair (purchase or rental)

X-rays

Potentially eligible medical expenses (requires Letter of Medical Necessity from health care provider)

Air conditioner (capital expense)
Air purifier (potential capital expense)
Athletic club membership
Automobile modifications (capital expense)
Behavioral modification programs
Breast reconstructive surgery
Breast reduction surgery that is medically necessary
Cosmetic surgery (for repair or reconstruction after accident or surgery or for correction of birth defect)
DNA collection and storage
Dyslexia testing and instruction
Elevator (capital expense)
Exercise equipment or programs
Fluoridation device
Food thickeners
Genetic testing
Group therapy for family member
Guide dog/service animal (purchase, care for, training)
Herbal treatments
Holistic or natural healers consult
Home improvements (e.g., exit ramps, widening doorways) (capital expense)
Household products/improvements to treat allergies
Lactation consultant
Lead-based paint removal
Learning disability treatment
Lodging (away from home for outpatient care – special rules may apply)
Manual therapy
Massage therapy
Medical conference admission and transportation (excludes meals and lodging)
Mentally handicapped residential or group home
Orthopedic shoes
Personal trainer fees
Prescription drugs that also have a cosmetic purpose (e.g., Retin-A, Rogaine, Botox, Propecia)
Special education costs for dependents with disabilities Stem cell, harvesting and/or storage of Telephone/television equipment for hearing-impaired persons
Umbilical cord, freezing and storing of
Weight loss program (if prescribed by a physician for a specific medical condition – excludes food)
Wigs

Ineligible medical expenses

Birthing tubs
Bottled water
Braille books/magazines
Cleaning service
Cosmetic surgery and procedures
Cosmetics, hygiene products and similar items
Dancing lessons
Diapers or diaper service
Diet foods
Ear or body piercing
Electrolysis or hair removal
Feminine hygiene products (e.g., tampons)
Funeral, cremation or burial expenses
Hair colorants
Hair transplants
Household help
Illegal operations and treatments
Illegally obtained drugs
Late fees (e.g., for late payment of bills for medical services)
Lodging while attending a medical conference
Marijuana or other controlled substances in violation of federal law
Marriage counseling
Maternity clothes
Meals
Medical newsletter
Missed appointment fees
Mouthwash
New parent/newborn child care classes
Non-prescription eyeglasses, sunglasses, safety glasses or contacts
Prepayments
Prescription drug discount program fees
Prescription drugs and medicines imported from other countries
Special foods/beverages
Sports training and activities
Surrogate expenses
Swimming lessons
Swimming pool and maintenance
Tanning salons and equipment
Teeth whitening
Transportation costs of disabled individual commuting to and from work
Travel for general health improvement
Veneers
Vision discount program